

# In HOGC, Family, Education and Youth are three of our Core Values.

We always teach youths to balance family, church and school, to both do good AND do well. This forms a stable tripod that allows them to reach their full potential in life.



"And Jesus increased in wisdom and stature, and in favor with God and men." Luke 2:52





heart of God church

# youth policies & guidelines

information for parents

www.heartofGodchurch.org









# **FAMILY**

We know parenting teens can be challenging and we're here to supplement your efforts to provide a positive environment at home.

## **FAMILY-FRIENDLY POLICIES**



#### **Family-Friendly Service Timings**

- Services are held at 1:30 PM on the weekends.
- This is so that youths can still meet up with their families for brunch or dinner.



#### **Breaks For Family Bonding**

- Our church is closed during key periods such as Chinese New Year.
- There are no services so that the youths can spend quality time with their family.



#### Weekly Family Quality Time

- We also encourage youths to regularly spend time with their family
- At least 2 days a week should be set aside for quality family time.

## **ACHIEVING THE RIGHT BALANCE**

#### SCHOOL DAYS

In addition to Saturday services, youths can attend Sunday
Services twice a month.

## SCHOOL HOLIDAYS

It's the best time to grow in the Word of God, so we encourage them to come for Sunday services every week.

Youths are encouraged to reach home by 7:30 pm (for ages 14 and below) and 9:30 pm (for ages 15 - 17+) on Mon - Thu so they can have an earlier rest.

#### FRI, SAT, EVE OF PUBLIC HOLS & SCH HOLS

Youths may hang out longer with their connect groups but are encouraged to *reach home by* 9:30 pm (For ages 14 and below) or at a time agreeable with their parents (ages 15 - 17+).

# **EDUCATION**

Since the Academic Excellence (AE) Programme was launched in 2005, we have seen students improving in their grades, coming in top in their schools and growing in curiosity and confidence as they apply the principles and wisdoms of AE. Every July, we kick-off our yearly Academic Excellence Programme with these initiatives:

## **ACADEMIC EXCELLENCE**



#### Academic Excellence (AE) Open House

- We dedicate a few weekends in July to talk about AE.
- Youth are encouraged to invite their parents and teachers.
- Our leaders will be present to discuss each child's / student's academic progress.



#### **Study Requirement**

- From July, we generally encourage students taking major examinations this year to complete 20 hours of study per week outside of their regular school hours\*.
- Enforcement is based on students' honesty. Thus, we encourage parents to monitor their child's revision as well.



#### **Balancing Commitment**

 During their "O" Level year, students must meet an L1R5 of ≤20 for leadership & an L1R5 of ≤25 for ministry.



#### **Prizes & Rewards**

- Each year, we encourage and motivate our youths by rewarding those who have scored well in their major exams.
- Over the last 10 years, we have given out more than \$50,000 worth of prizes in the form of cash, youchers. iPads. iPhones. iPods and so on.

^We reward those who have scored at least 200 points for PSLE, 20 points and below for O Levels and entry into any one of our local universities for A Levels. We also reward our Top Student and Most Improved Student.

# YOUTH

While we want to have fun, it's all about safety first! Our pastors teach about setting boundaries and borders, so here are some boundaries we've set for our youth.

# **SAFETY GUIDELINES & WISDOMS**

#### NO RISKY ACTIVITIES



No Swimming



No Activities on Other Islands

Except Sentosa and Coney Island



No Trampoline Parks



No Alcohol

No alcoholic content in food & beverage



#### No Cycling on Roads

Cycling at parks (e.g. East Coast, Pasir Ris park) allowed. Must be accompanied by an older HOGC youth at least 17 years old.

### **GENERAL GUIDELINES**



#### Rule of Three

Persons of the opposite gender should not be alone together; there should be three people together at any point of time, in the combination of 2 females + 1 male.



Stay Overs / Church Activities Past 12 am
Parental consent forms required for church stay overs

and/or church activities that end beyond 12 am.



#### **Water Baptism**

Parental consent forms required for those under 21.

For more information on our Academic Excellence programme, visit www.hogcae.com